



*the way in is the way on  
the practice of joy  
(Part 2)*

A scurryfunge is...

A. A rare tree fungus

➔ B. A last minute tidy up before the arrival of guests

C. A small mouse-like mammal from New Zealand

D. A medieval kitchen implement for whisking eggs


## Gadzookery is...

- ➔ A. The deliberate use of old-fashioned language
- B. Comical displays of magic
- C. A type of jazz music
- D. The careless handling of living things

# To groke is to...

A. Unclog a small creek blocked by vegetation

B. Lend money to a distant relative

 C. Gaze at a person eating in hope that they'll give  
give you some of their food

D. Hide a valuable object in a garden

Something is quotidian if it is...

A. Measured

B. Sufficient

C. Quote-worthy

 D. Commonplace

# Romans 14

<sup>17</sup> For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and **joy** in the Holy Spirit...



# Two Main Things...

- Joy is fundamental to the Kingdom. It matters to Jesus whether you are living in joy (just like righteousness and peace).
- Just like righteousness and peace, it takes effort (thankfully) to follow Jesus into joy.





## Luke 1:5-25

*Annunciation of the  
Angel to Zechariah,  
Domenico  
Ghirlandaio,  
1490*



# Luke 1:26-38

*The Annunciation,*  
Henry Ossawa Tanner,  
1898







## Luke 1:39-45

*The Visitation,  
Rembrandt van Rijn,  
1640*

# The Practice of Joy...

- is essential (Biblically and scientifically) for our flourishing and transformation
- requires mutual connection to God and people
- is the practice of being fully present

# The Way In (Invitation)

1. Think back on your week. Ask Jesus to highlight a time when you were connecting (with God/others) and able to be fully present. Reflect on how that happened and what it felt like. (Bonus: reflect on the converse)
2. Think about a choice you have in front of you. Ask Jesus to show you His plans for more true joy in that choice.