



**Diagnosis & Treatment of a Hard Heart**



# Our heart is so important

Greek: **2588** *kardía* – *heart*; "the *affective* center of our being" and the *capacity of moral preference* (*volitional desire, choice*;; "desire-producer that makes us tick" i.e our "*desire-decisions*" that establish who we really are.

**1 Samuel 16:7** ...The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart."



**Proverbs 4:23** Above all else, guard your heart,  
for everything you do flows from it.





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# Understanding our hearts

**Soft heart** is: pure, clean, humble, undivided and receptive to God

**Hard heart** is: impure, unclean, proud, divided and closed to God





# Seeing your heart requires the Holy Spirit

**WELCOME... Psalms 139:23 & 24** Search me, God, and know my heart; test me and know my anxious thoughts. 24 See if there is any offensive way in me, and lead me in the way everlasting.

**WORD...Hebrews 4:12...** the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

**WORDS... Matthew 12:34** For the mouth speaks what the heart is full

**WORSHIP... Matthew 6:21** For where your treasure is, there your heart will be also





# Getting and keeping a soft and humble heart

**SEEK GOD'S WILL AND INSTRUCTION ... Psalm 40:8** I desire to do your will, my God; your law is within my heart."

**CONFESS & LIVE IN THE LIGHT... 1 John 1:7**...if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

**THANKGIVING... Psalm 9:1** I will give thanks to you, LORD, with all my heart

**AWARE OF WORDS AND ATTITUDE... Psalm 19:14** May these words of my mouth and this meditation of my heart be pleasing in your sight





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