



Orientation

Love University

We are all all learning and growing together

God is the teacher and the head of school



Practical Ways to Go to the Well

- Turn down the volume on everything else
- Make Jesus your default (but first, notice your default)
- Intentional time with the Lord (en masse)
- Declare truth to yourself like everything is on the line
- Say yes
- Scripture - a dedicated plan
- Some spiritual practices: Examen, Lectio, Fasting
- Spiritual director
- Prayer. The Lord's Prayer.
- Friends in it with you
- Journaling & listening/typing
- Asking God what he thinks about your life



Scriptures to Start With

- Psalm 16
- Romans 15:13
- Isaiah 37
- Eph. 3:14-21
- Psalm 52
- Exodus 14:13-14



**TT
LOVE**