

**GRATITUDE**



A stack of approximately ten flat, light-colored rocks is balanced precariously on top of a larger, darker rock on a rocky outcrop. The background features a vast, hazy landscape under a sunset sky with soft, wispy clouds. The sun is low on the horizon, creating a warm, golden glow. The overall scene conveys a sense of balance and stability.

# GRATITUDE

Being Grateful for  
Who God Is

# God Is One

"Hear, O Israel: The LORD our God, the LORD is one. (Deuteronomy 6:4 ESV)



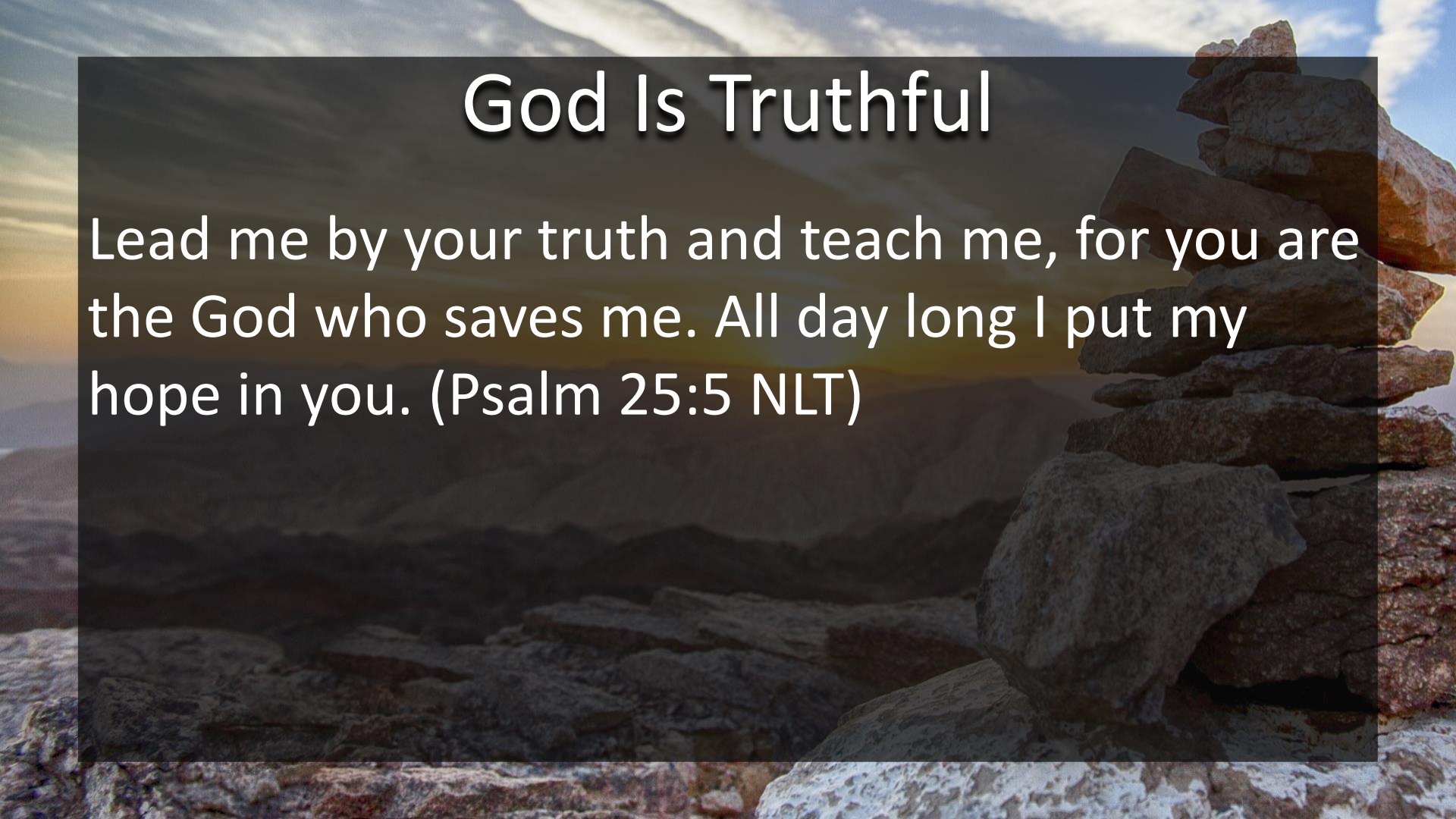
# God Is Knowable

"But you are my witnesses, O Israel!" says the LORD. "You are my servant. You have been chosen to know me, believe in me, and understand that I alone am God.

(Isaiah 43:10 NLT)

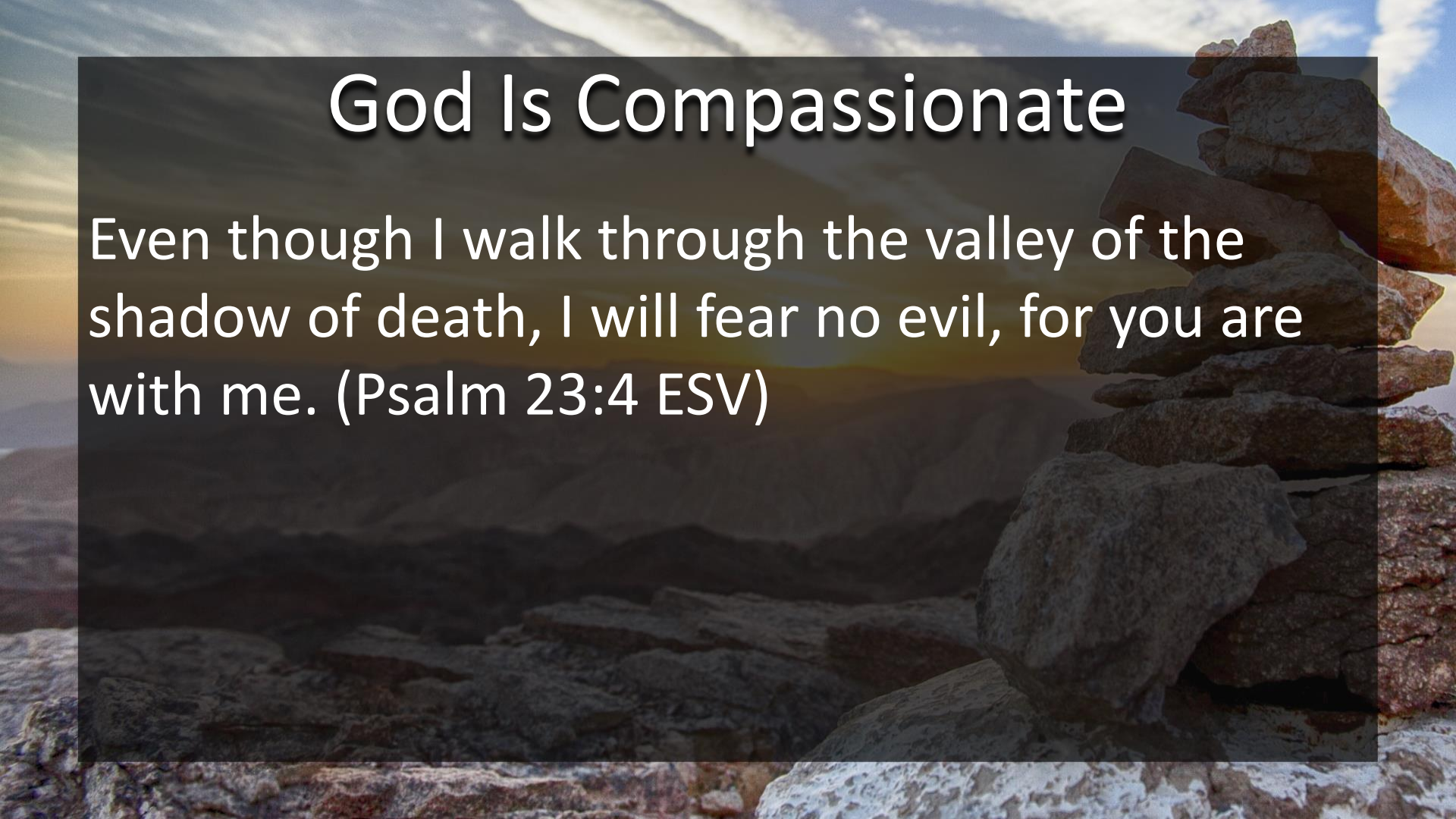
# God Is Truthful

Lead me by your truth and teach me, for you are the God who saves me. All day long I put my hope in you. (Psalm 25:5 NLT)



# God Is Compassionate

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me. (Psalm 23:4 ESV)



# God Is Merciful

Hear me, LORD, and have mercy on me. Help me, O LORD." <sup>11</sup> You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy, <sup>12</sup> that I might sing praises to you and not be silent. O LORD my God, I will give you thanks forever! (Psalm 30:10-12 NLT)

# God Is a Ceaseless Creator

One thing have I asked of the LORD, that will I seek after: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to inquire in his temple.  
(Psalm 27:4 ESV)



# God Is Generous

The eyes of all look to you, and you give them their food in due season. <sup>16</sup> You open your hand; you satisfy the desire of every living thing.

(Psalm 145:15-16 ESV)

# God Is Eternal

Walk about Zion, go around her, number her towers, <sup>13</sup> consider well her ramparts, go through her citadels, that you may tell the next generation <sup>14</sup> that this is God, our God forever and ever. He will guide us forever.

(Psalm 48:12-14 ESV)

# God Is Love

For you, O Lord, are good and forgiving,  
abounding in steadfast love to all who call upon  
you. (Psalm 86:5 ESV)



# Sacrifice of Thanksgiving

Make thankfulness your sacrifice to God, and keep the vows you made to the Most High. (Psalm 50:14 NLT)

But giving thanks is a sacrifice that truly honors me. If you keep to my path, I will reveal to you the salvation of God." (Psalm 50:16-23 NLT)

O LORD, I am your servant; yes, I am your servant, born into your household; you have freed me from my chains.

<sup>17</sup> I will offer you a sacrifice of thanksgiving and call on the name of the LORD. (Psalm 116:16-17 NLT)

A landscape photograph featuring a stack of large, grey, angular rocks on the right side. The background shows rolling mountains under a sky with soft, wispy clouds, suggesting a sunrise or sunset. The overall tone is serene and contemplative.

# Continuous Gratitude

# Challenge

1. Randomly pick a Psalm and keep reading until you find something about who God is that makes you feel thankful. Then stop and thank God. Do it again and again, if you like.
2. Decide on a way to offer a sacrifice of thanksgiving to God. Maybe it's keeping a list of things you're thankful for or taking ten minutes when you'd rather be watching TV or looking at Facebook and instead spending that time remembering what you're thankful for and thanking God.

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